

Travel Health and Vaccination

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Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p>Knowledge and Education:</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of the travelling patient. • Demonstrate an understanding of the risks and prevalence of infectious diseases globally.^{2 3} • Demonstrate an understanding of the safe and effective risk assessment of patients prior to travel.⁴ • Demonstrate an understanding of the resources available to provide good travel risk assessments including the national travel health network and centre (NaTHNaC).⁵ • Demonstrate an understanding of the full UK routine immunisation schedule.⁶ • Demonstrate an understanding of the need to refer patients with co-morbidities on to a senior clinician. • Demonstrate an understanding of the needs of patient with the complex itinerary.⁷ • Demonstrate an understanding of the immunology, how vaccines and the different types of vaccines used in the UK.⁸ • Demonstrate an understanding of the safe ordering storage and disposal of vaccines in line with local and national cold chain policy.⁹ • Demonstrate an understanding of the legal frameworks used for the administration of vaccinations – patient group 				

¹ <file:///C:/Users/ClinicalUser/Downloads/010-573.pdf>

² <https://travelhealthpro.org.uk/outbreaks>

³ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

⁴ <https://www.janechiodini.co.uk/wp-content/uploads/2022/11/1.-Travel-risk-assessment-form-2022.pdf>

⁵ <https://travelhealthpro.org.uk/index.php>

⁶ <https://www.gov.uk/government/publications/the-complete-routine-immunisation-schedule/the-complete-routine-immunisation-schedule-from-february-2022>

⁷ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

⁸ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/949797/Greenbook_chapter_1_Jan21.pdf

⁹ <https://www.gov.uk/government/publications/storage-distribution-and-disposal-of-vaccines-the-green-book-chapter-3>

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<p>directions (PGD) patient specific directions (PSD) and national protocols.¹⁰</p> <p>Patient Care</p> <ul style="list-style-type: none"> • Be able to elicit full details from the patient about their trip, destination, duration, and planned activities. • Be able to elicit patient's full vaccination history and any travel vaccinations previously received. • Be able to elicit patient's full medical history including any medications taken. • Be able to perform a through risk assessment of the patients' trip and provide health promotion advice and written resources on the following¹¹: <ul style="list-style-type: none"> ○ Food and water hygiene. ○ Travel insurance. ○ Sun-exposure. ○ Mosquito borne illnesses. ○ Malaria including bite. avoidance and chemoprophylaxis.¹² ○ Safe sex. ○ Rabies.¹³ ○ Tic borne illnesses. ○ Foreign office guidance. ○ Fresh water swimming. • Be able to advise patient regarding recommended travel vaccines including mode of action, duration until effectiveness, side effects and follow up doses required.¹⁴ • Be able to signpost patient to local services to obtain vaccines not provided on the NHS. • Be able to ensure patient is up to date with routine schedule vaccines and provide any vaccines needed. 				

¹⁰ <https://www.england.nhs.uk/london/our-work/immunis-team/>

¹¹ <https://travelhealthpro.org.uk/fact-list.php?list=2>

¹² https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

¹³ <https://travelhealthpro.org.uk/factsheet/20/rabies>

¹⁴ <https://www.janechiodini.co.uk/wp-content/uploads/2023/04/Guide-to-Travel-Vaccines-updated-20.04.23-.pdf>

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<ul style="list-style-type: none"> • Be able to obtain informed consent for immunisation and demonstrate appropriate immunisation technique.¹⁵ • Be able to discuss with the patient any concerns or hesitancy they may have about vaccination and signpost to good quality resources.¹⁶ • Be able to discuss with the patient, where chemoprophylaxis is contraindicated, the increased risks of travel and that guidance would advise travel is avoided. • Be able to discuss with the patient the risks associated with blood borne virus' ensuring they are aware of high-risk activities, including but not limited to unprotected sexual intercourse, contact or extreme sports, tattoos, some unsterilised medical equipment in some areas.¹⁷ • Be able to provide advice about current outbreaks.¹⁸ • Be able to provide the patient with information about first aid kits to take when travelling.¹⁹ • Be able to provide the patient with advice about when to seek medical help with any red flag symptoms on return from travel • Be able to recognise when patient complexity exceeds competence and refer on to appropriate service or senior clinician. 				

¹⁵ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/147915/Green-Book-Chapter-4.pdf

¹⁶ <https://vk.ovg.ox.ac.uk/home>

¹⁷ <https://travelhealthpro.org.uk/disease/71/hepatitis-b>

¹⁸ <https://travelhealthpro.org.uk/outbreaks>

¹⁹ <https://travelhealthpro.org.uk/factsheet/74/first-aid-kits>