

Learning Disabilities and Autism				
Task / Activity	Self-Assessment /	Competency Assessed	Competency Achieved	Signed off by Clinical
Tier 3				
<p>Knowledge and Understanding</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the need to support patients with a learning disability and/or autistic spectrum disorder and their carers/families, who have behaviours that exhibit distress.³⁹ <p>Patient Management</p> <ul style="list-style-type: none"> • Be able to perform a holistic annual health review for a patient with a learning disability and/or autistic spectrum disorder ensuring the patients carers and their families ethnic. Cultural, social, economic religious and spiritual needs are at the centre. The annual health check should include but is not limited to:⁴⁰ <ul style="list-style-type: none"> ○ A physical health review including assessment for signs and symptoms of conditions that may be specific to a particular syndrome. ○ Review and optimisation of any current interventions and medications.⁴¹ • Be able to carry out an assessment of the patient's capacity in line with the Mental Capacity Act 2005, where appropriate.⁴² 				

³⁹ <https://cks.nice.org.uk/topics/learning-disabilities/management/behaviour-that-challenges-mental-health-problems/#how-should-i-manage-behaviour-that-challenges-metal-health-problems>

⁴⁰ <https://cks.nice.org.uk/topics/learning-disabilities/management/confirmed-learning-disability/>

⁴¹ <https://www.england.nhs.uk/wp-content/uploads/2018/02/stomp-easy-read-leaflet.pdf>

⁴² <https://www.legislation.gov.uk/ukpga/2005/9/section/2>