

Learning Disabilities and Autism				
Task / Activity	Self-Assessment /	Competency Assessed	Competency Achieved	Signed off by Clinical
Tier 2				
<p><b>Knowledge and Understanding</b></p> <ul style="list-style-type: none"> <li>• Demonstrate an understanding of the factors that may raise the index of clinical suspicion for a learning disability.<sup>30</sup></li> <li>• Demonstrate an understanding of how and when a capacity assessment should be used and performed under the Mental Capacity Act 2005.<sup>31</sup></li> </ul> <p><b>Patient Care</b></p> <ul style="list-style-type: none"> <li>• Be able to refer patients with a suspected learning disability and/or autistic spectrum disorder to an appropriate service to confirm or discount a diagnosis.<sup>32 33</sup></li> <li>• Be able to perform a holistic annual health review for a patient with a learning disability and/or autistic spectrum disorder ensuring the patients carers and their families ethnic. Cultural, social, economic religious and spiritual needs are at the centre. The annual health check should include but is not limited to:<sup>34</sup> <ul style="list-style-type: none"> <li>○ A mental health review.</li> <li>○ Depending on the person age provide information on keeping well as they grow older.</li> </ul> </li> <li>• Be able to provide support to patients needing to take regular medications to ensure adherence and that their thoughts about taking medications are taken into account.<sup>35 36</sup></li> <li>• Be able to address where the patient is presenting with frailty or frailty syndrome.<sup>37 38</sup></li> </ul>				

<sup>30</sup> <https://cks.nice.org.uk/topics/learning-disabilities/>

<sup>31</sup> <https://www.legislation.gov.uk/ukpga/2005/9/section/2>

<sup>32</sup> <https://www.nice.org.uk/guidance/CG142/chapter/Recommendations#identification-and-assessment-2>

<sup>33</sup> <https://cks.nice.org.uk/topics/learning-disabilities/management/suspected-learning-disability/>

<sup>34</sup> <https://cks.nice.org.uk/topics/learning-disabilities/management/confirmed-learning-disability/>

<sup>35</sup> <https://www.nice.org.uk/guidance/cg76/chapter/1-Guidance#supporting-adherence>

<sup>36</sup> [file:///C:/Users/ClinicalUser/Downloads/How take medicine multiple meds.pdf](file:///C:/Users/ClinicalUser/Downloads/How%20take%20medicine%20multiple%20meds.pdf)

<sup>37</sup> [https://hubble-live-assets.s3.amazonaws.com/easy-health/file\\_asset/file/215/How-to-make-choices-about-taking-medication.pdf](https://hubble-live-assets.s3.amazonaws.com/easy-health/file_asset/file/215/How-to-make-choices-about-taking-medication.pdf)

<sup>38</sup> <https://www.england.nhs.uk/ourwork/clinical-policy/older-people/frailty/frailty-resources/>