

Travel Health and Vaccination				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
Tier 1				
Knowledge and Education <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of the travelling patient • Demonstrate and understanding of the risks and prevalence of infectious diseases globally^{1 2} • Demonstrate an understanding of the safe an effective risk assessment of patients prior to travel³ 				

¹ <https://travelhealthpro.org.uk/outbreaks>

² https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

³ <https://www.janechiodini.co.uk/wp-content/uploads/2022/11/1.-Travel-risk-assessment-form-2022.pdf>

<ul style="list-style-type: none"> • Demonstrate an understanding of the resources available to provide good travel risk assessments including the national travel health network and centre (NaTHNaC)⁴ • Demonstrate an understanding of the full UK routine immunisation schedule⁵ • Demonstrate an understanding of the need to refer patients with co-morbidities on to a senior clinician • Demonstrate an understanding of the needs of patient with the complex itinerary⁶ • Demonstrate an understanding of the immunology, how vaccines and the different types of vaccines used in the UK⁷ • Demonstrate an understanding of the safe ordering storage and disposal of vaccines in line with local and national cold chain policy⁸ • Demonstrate an understanding of the legal frameworks used for the administration of vaccinations – patient group directions (PGD) patient specific directions (PSD) and national Protocols⁹ <p>Patient Care</p> <ul style="list-style-type: none"> • Be able to elicit full details from the patient about their trip, destination, duration, and planned activities • Be able to elicit patient's full vaccination history and any travel vaccinations previously received 				
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⁴ <https://travelhealthpro.org.uk/index.php>

⁵ <https://www.gov.uk/government/publications/the-complete-routine-immunisation-schedule/the-complete-routine-immunisation-schedule-from-february-2022>

⁶ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

⁷ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/949797/Greenbook_chapter_1_Jan21.pdf

⁸ <https://www.gov.uk/government/publications/storage-distribution-and-disposal-of-vaccines-the-green-book-chapter-3>

⁹ <https://www.england.nhs.uk/london/our-work/immunis-team/>

<ul style="list-style-type: none"> • Be able to elicit patient's full medical history including any medications taken • Be able to perform a through risk assessment of the patients' trip and provide health promotion advice and written resources on the following¹⁰: <ul style="list-style-type: none"> ○ Food and water hygiene ○ Travel insurance ○ Sun-exposure ○ Mosquito borne illnesses ○ Malaria including bite avoidance and chemo prophylaxis¹¹ ○ Safe sex ○ Rabies¹² ○ Tic borne illnesses ○ Foreign office guidance ○ Fresh water swimming • Be able to advise patient regarding recommended travel vaccines including mode of action, duration until effectiveness, side effects and follow up doses required¹³ • Be able to signpost patient to local services to obtain vaccines not provided on the NHS • Be able to ensure patient is up to date with routine schedule vaccines and provide any vaccines needed • Be able to obtain informed consent for immunisation and demonstrate appropriate immunisation technique¹⁴ 				
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¹⁰ <https://travelhealthpro.org.uk/fact-list.php?list=2>

¹¹ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1153011/UKHSA-malaria-prevention-guidelines-for-travellers-from-the-UK-april-2023.pdf

¹² <https://travelhealthpro.org.uk/factsheet/20/rabies>

¹³ <https://www.janechiodini.co.uk/wp-content/uploads/2023/04/Guide-to-Travel-Vaccines-updated-20.04.23-.pdf>

¹⁴ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/147915/Green-Book-Chapter-4.pdf

<ul style="list-style-type: none"> • Be able to discuss with the patient any concerns or hesitancy they may have about vaccination and signpost to good quality resources¹⁵ • Be able to discuss with the patient, where chemoprophylaxis is contraindicated, the increased risks of travel and that guidance would advise travel is avoided • Be able to discuss with the patient the risks associated with blood borne virus' ensuring they are aware of high-risk activities, including but not limited to unprotected sexual intercourse, contact or extreme sports, tattoos, some unsterilised medical equipment in some areas¹⁶ • Be able to provide advice about current outbreaks¹⁷ • Be able to provide the patient with information about first aid kits to take when travelling¹⁸ • Be able to recognise when patient complexity exceeds competence and refer on to appropriate service or senior clinician 				
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¹⁵ <https://vk.ovg.ox.ac.uk/home>

¹⁶ <https://travelhealthpro.org.uk/disease/71/hepatitis-b>

¹⁷ <https://travelhealthpro.org.uk/outbreaks>

¹⁸ <https://travelhealthpro.org.uk/factsheet/74/first-aid-kits>