

Venepuncture^{516 517}

Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p>Knowledge and Education</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of the patient undergoing venepuncture • Demonstrate an understanding of the vascular anatomy and physiology • Demonstrate an understanding of the correct method of site selection for venepuncture • Demonstrate an understanding of the conditions which would preclude the use of a particular vein • Demonstrate an understanding of the equipment needed to perform venepuncture • Demonstrate an understanding of the methods used to identify a non-prominent vein • Demonstrate an understanding of the infection prevention and control measures that should be employed when performing venepuncture⁵¹⁸ • Demonstrate an understanding of the steps to take to protect yourself and your patients from sharps injury in line with local and national guidance⁵¹⁹ 				

⁵¹⁶ <https://www.rmmonline.co.uk/manual/c13-fea-0003?resultNumber=0&start=0&totalResults=40&q=venepuncture&resultsPageSize=10&rows=10>

⁵¹⁷ <https://journals.rcni.com/nursing-standard/how-to-undertake-venepuncture-to-obtain-venous-blood-samples-ns.2018.e10531>

⁵¹⁸ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/>

⁵¹⁹ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/#1-9>

<ul style="list-style-type: none"> • Demonstrate an understanding of the local policies and procedures for the management of sharps injury • Demonstrate an understanding of the technique used to perform venepuncture • Demonstrate an understanding of the need to follow your local laboratories order of draw when obtaining serum samples for testing • Demonstrate an understanding of the safe and effective storage of blood samples as per your local laboratory's guidance • Demonstrate an understanding of the need to complete your local competencies and prescribed supervised practice prior to carrying out venepuncture independently <p>Patient Care</p> <ul style="list-style-type: none"> • Be able to elicit the patients understanding and provide education on the procedure and its potential risks • Be able to obtain informed consent from the patient undergoing venepuncture • Be able to discuss venepuncture site choices with the patient and take their personal preference in to account where clinically safe to do so • Be able to explain the test that have been requested and how to obtain results • Be able to discuss with the patient the risk of syncope and where identified as an increased risk take pre-emptive measures i.e., perform venepuncture whilst patient is lying on the couch • Be able to use the correct equipment for the tests requested and obtain samples according to your local laboratory order of draw • Be able to follow infection prevention and control measures, including the use of personal protective equipment as per local and national policy⁵²⁰ • Be able to perform venepuncture minimising the patient's discomfort • Be able to label samples whilst patient is in the room, ensuring locally agreed identifiers are included 				
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⁵²⁰ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/#1-4>

<ul style="list-style-type: none">• If the patient has a syncopal episode during or after the procedure be able to call for help and provide immediate care to the patient to minimise the risk of secondary injury• Be able to provide the patient with aftercare instructions• Be able to store samples according to local laboratory guidance to maintain their integrity• Be able to recognise when patients' complexity exceeds competence and refer on to a more experienced practitioner				
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