

24. Venepuncture

Venepuncture ^{311 312}				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p>Knowledge and Education</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of the patient undergoing venepuncture. • Demonstrate an understanding of the vascular anatomy and physiology. • Demonstrate an understanding of the correct method of site selection for venepuncture. • Demonstrate an understanding of the conditions which would preclude the use of a particular vein. • Demonstrate an understanding of the equipment needed to perform venepuncture. • Demonstrate an understanding of the methods used to identify a non-prominent vein. • Demonstrate an understanding of the infection prevention and control measures that should be employed when performing venepuncture.³¹³ • Demonstrate an understanding of the steps to take to protect yourself and your patients from sharps injury in line with local and national guidance.³¹⁴ • Demonstrate an understanding of the local policies and procedures for the management of sharps injury. • Demonstrate an understanding of the technique used to perform venepuncture. • Demonstrate an understanding of the need to follow your local laboratories order of draw when obtaining serum samples for testing. • Demonstrate an understanding of the safe and effective storage of blood samples as per your local laboratory's guidance. • Demonstrate an understanding of the need to complete your local competencies and prescribed supervised practice prior to carrying out venepuncture independently. <p>Patient Care</p> <ul style="list-style-type: none"> • Be able to elicit the patients understanding and provide education on the procedure and its potential risks. • Be able to obtain informed consent from the patient undergoing venepuncture. • Be able to discuss venepuncture site choices with the patient and take their personal preference in to account where clinically safe to do so. • Be able to explain the test that have been requested and how to obtain results. 				

³¹¹ <https://www.rmmonline.co.uk/manual/c13-fea-0003?resultNumber=0&start=0&totalResults=40&q=venepuncture&resultsPageSize=10&rows=10>

³¹² <https://journals.rcni.com/nursing-standard/how-to-undertake-venepuncture-to-obtain-venous-blood-samples-ns.2018.e10531>

³¹³ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/>

³¹⁴ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/#1-9>

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<ul style="list-style-type: none"> • Be able to discuss with the patient the risk of syncope and where identified as an increased risk take pre-emptive measures i.e., perform venepuncture whilst patient is lying on the couch. • Be able to use the correct equipment for the tests requested and obtain samples according to your local laboratory order of draw. • Be able to follow infection prevention and control measures, including the use of personal protective equipment as per local and national policy.³¹⁵ • Be able to perform venepuncture minimising the patient's discomfort. • Be able to label samples whilst patient is in the room, ensuring locally agreed identifiers are included. • If the patient has a syncopal episode during or after the procedure be able to call for help and provide immediate care to the patient to minimise the risk of secondary injury. • Be able to provide the patient with aftercare instructions. • Be able to store samples according to local laboratory guidance to maintain their integrity. • Be able to recognise when patients' complexity exceeds competence and refer on to a more experienced practitioner. 				

³¹⁵ <https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/chapter-1-standard-infection-control-precautions-sicps/#1-4>