

22. Minor Illness and Minor Injury

Minor Illness and Minor Injury ^{288 289}				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p>Knowledge and Education</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of a patient presenting with minor injury or illness. • Demonstrate an understanding of the anatomy, physiology, and pathophysiology of common areas of illness and injury including but not limited to: <ul style="list-style-type: none"> ○ Musculoskeletal system. ○ Ophthalmology. ○ Ear, nose and throat. ○ Abdominal. ○ Respiratory. ○ Wound and soft tissue. ○ Dermatology. • Demonstrate an understanding of effective history taking using a clear systematic approach.²⁹⁰ • Demonstrate an understanding of the appropriate onward referral process to a senior clinician as per local policy and procedures. • Demonstrate an understanding of the use of multi-professional working to effectively manage minor illnesses and injuries to reduce or avoid hospital admissions. • Demonstrate an understanding of the red flags that would suggest significant pathology.²⁹¹ 				

²⁸⁸ <https://www.city.ac.uk/prospective-students/courses/professional-development/assessment-of-minor-injuries-and-illness-for-advanced-practice#tabs495695-link641555>

²⁸⁹ <https://www.city.ac.uk/prospective-students/courses/professional-development/management-of-minor-injuries-and-illness-for-advanced-practice#tabs495711-link641553>

²⁹⁰ <https://www.britishjournalofnursing.com/content/advanced-clinical-practice/undertaking-consultations-and-clinical-assessments-at-advanced-level/>

²⁹¹ <https://www.minorillness.co.uk/downloads/redflags.pdf>

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<ul style="list-style-type: none"> • Demonstrate an understanding of the safe and effective use of diagnostic equipment. <p>Patient Care</p> <ul style="list-style-type: none"> • Be able to elicit a thorough and age-appropriate medical history from the patient. • Be able to discuss plan with an appropriate senior clinician to ensure relevant investigation, onward referral, and treatment. 				