

## 12. Dementia

Dementia				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p><b>Knowledge and Education</b></p> <ul style="list-style-type: none"> <li>• Demonstrate an understanding of the holistic care of patients living with dementia.</li> <li>• Demonstrate an understanding of the barriers experienced by some social, cultural and ethnic groups, in accessing dementia care services.</li> <li>• Demonstrate an understanding of the central nervous system anatomy and physiology.</li> <li>• Demonstrate an understanding of the pathophysiology of dementia.</li> <li>• Demonstrate an understanding of the different types of dementia<sup>142</sup> including but not limited to:               <ul style="list-style-type: none"> <li>○ Alzheimer.</li> <li>○ Vascular.</li> <li>○ Frontotemporal.</li> <li>○ Lewy body.</li> <li>○ Alcohol related brain damage.</li> <li>○ Posterior cortical atrophy.</li> <li>○ Huntington's.</li> <li>○ Parkinson's.</li> <li>○ Mixed.</li> </ul> </li> <li>• Demonstrate an understanding of the assessment and diagnosis of patients with suspected dementia.<sup>143</sup></li> <li>• Demonstrate an understanding of the Mental Capacity Act and its role in dementia care.<sup>144</sup></li> <li>• Demonstrate the importance of and strategies used, to ensure patients living with dementia are involved in their care.<sup>145</sup></li> <li>• Demonstrate an understanding of the non-pharmacological interventions used to promote cognition, independence and wellbeing for patients with dementia.<sup>146</sup></li> <li>• Demonstrate an understanding of the importance of supporting carers looking after patients with dementia.<sup>147</sup></li> </ul>				

<sup>142</sup> <https://www.dementiauk.org/about-dementia/types-of-dementia/>

<sup>143</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>

<sup>144</sup> <https://www.legislation.gov.uk/ukpga/2005/9/contents>

<sup>145</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#involving-people-living-with-dementia-in-decisions-about-their-care>

<sup>146</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#interventions-to-promote-cognition-independence-and-wellbeing>

<sup>147</sup> <https://www.dementiauk.org/get-support/family-and-carer-support/>

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<ul style="list-style-type: none"> <li>• Demonstrate an understanding of the local safeguarding procedures and identify local adult safeguarding leads.</li> </ul> <p><b>Patient Management</b></p> <p>At diagnosis</p> <ul style="list-style-type: none"> <li>• Be able to undertake appropriate blood and urine tests to exclude reversible causes of cognitive decline.<sup>148</sup></li> </ul> <p>Review and ongoing management</p> <ul style="list-style-type: none"> <li>• Be able to ensure the patient has ongoing access to an appropriate hospital or community-based dementia service.<sup>149</sup></li> <li>• Be able to elicit the patient and their carers understanding of the diagnosis and signpost to appropriate resources and information.<sup>150</sup></li> <li>• Be able to refer the patient for an assessment of support and carers needs to ensure patient and carer are well safeguarded.<sup>151</sup></li> <li>• Inform patient of their rights to reasonable adjustments if they are still working.<sup>152</sup></li> <li>• Be able to ensure that carer's details, any care co-ordinator, social working and advanced care planning, details are well documented and easily accessible in the notes.</li> <li>• Be able to ensure the patient has access to interventions to promote cognitive independence and well-being in line with local resources.<sup>153 154</sup></li> <li>• Be able to review and revisit patients and carers needs to ensure ongoing safeguarding.<sup>155</sup></li> <li>• Be able to raise safeguarding concerns to the nominated safeguarding lead and make any referrals as appropriate in line with local policy.</li> <li>• Be able to identify when patient complexity exceeds competence and refer on to an appropriate senior clinician or specialist service.</li> </ul>				

<sup>148</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>

<sup>149</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#care-coordination>

<sup>150</sup> <https://www.dementiauk.org/about-dementia/types-of-dementia/>

<sup>151</sup> <https://cks.nice.org.uk/topics/dementia/management/follow-up-of-confirmed-dementia-in-primary-care/>

<sup>152</sup> <https://cks.nice.org.uk/topics/dementia/management/follow-up-of-confirmed-dementia-in-primary-care/>

<sup>153</sup> <https://www.alzheimers.org.uk/get-support/staying-independent>

<sup>154</sup> <https://www.alzheimers.org.uk/find-support-near-you>

<sup>155</sup> <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>