

Female Genital Mutilation [FGM]				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<p><b>Knowledge and Education</b></p> <ul style="list-style-type: none"> <li>• Demonstrate an understanding of the holistic care of a woman who has had FGM</li> <li>• Demonstrate an understanding of the anatomy and physiology of female genitalia</li> <li>• Demonstrate an understanding of the 4 main types of FGM<sup>373</sup></li> <li>• Demonstrate an understanding of the effects on female health following FGM<sup>374</sup>, including but not limited to: <ul style="list-style-type: none"> <li>○ Constant pain</li> <li>○ Pain and difficulty with intercourse</li> <li>○ Repeated infections, which may lead to infertility</li> <li>○ Bleeding, cysts, and abscesses</li> <li>○ Difficulty urinating</li> <li>○ Problems with urinary incontinence</li> <li>○ Depression, flashbacks, and self-harm</li> <li>○ Problems during childbirth and labour</li> <li>○ Problems during cervical screening</li> </ul> </li> </ul>				

<sup>373</sup> [https://www.who.int/teams/sexual-and-reproductive-health-and-research-\(srh\)/areas-of-work/female-genital-mutilation/types-of-female-genital-mutilation](https://www.who.int/teams/sexual-and-reproductive-health-and-research-(srh)/areas-of-work/female-genital-mutilation/types-of-female-genital-mutilation)

<sup>374</sup> <https://www.nhs.uk/conditions/female-genital-mutilation-fgm/>

<ul style="list-style-type: none"> <li>• Demonstrate an understanding of the specific antenatal needs of a woman following FGM<sup>375</sup></li> <li>• Demonstrate an understanding of the Female Genital Mutilation Act 2003<sup>376</sup></li> <li>• Demonstrate an understanding of the prevalence of FGM in the UK<sup>377</sup></li> <li>• Demonstrate an understanding of the global prevalence of FGM, and therefore female populations at highest risk of FGM<sup>378</sup></li> <li>• Demonstrate an understanding of the procedures for mandatory reporting of FGM<sup>379</sup></li> </ul> <p><b>Patient care</b></p> <ul style="list-style-type: none"> <li>• Be able to have a person-centred discussion with a woman or girl who is known to have had FGM to identify any physical or psychological impact of FGM<sup>380</sup></li> <li>• Be able to refer women and girls who have had FGM to appropriate specialist clinical services<sup>381</sup></li> <li>• Be able to have a person-centred discussion with women and girls about FGM prevention<sup>382</sup></li> </ul>				
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<sup>375</sup> <https://www.rcog.org.uk/for-the-public/browse-all-patient-information-leaflets/female-genital-mutilation-fgm/#:~:text=Antenatal%20care%20You%20will%20be%20referred%20to%20the,this%20may%20have%20on%20your%20pregnancy%20and%20labour.>

<sup>376</sup> <https://www.gov.uk/government/publications/female-genital-mutilation-resource-pack/female-genital-mutilation-resource-pack>

<sup>377</sup> <https://www.gov.uk/government/publications/female-genital-mutilation-resource-pack/female-genital-mutilation-resource-pack#prevalence-of-fgm-in-england-and-wales>

<sup>378</sup> <https://data.unicef.org/topic/child-protection/female-genital-mutilation/>

<sup>379</sup> [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/525405/FGM\\_mandatory\\_reporting\\_map\\_A.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/525405/FGM_mandatory_reporting_map_A.pdf)

<sup>380</sup> <https://apps.who.int/iris/bitstream/handle/10665/272429/9789241513913-eng.pdf>

<sup>381</sup> <https://www.nhs.uk/conditions/female-genital-mutilation-fgm/national-fgm-support-clinics/>

<sup>382</sup> <https://www.who.int/publications/i/item/9789240041073>

<ul style="list-style-type: none"> <li>• Be able to have an opportunistic discussion with women and girls travelling to high-risk countries and provide education about the risks of FGM and the legalities surrounding it even if performed outside of the UK<sup>383</sup></li> <li>• Be able to report any suspected or known cases of FGM as per the requirements for mandatory reporting<sup>384</sup></li> <li>• Be able to identify where patient complexity exceeds competence and refer on to senior clinician as appropriate</li> </ul>				
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<sup>383</sup> <https://www.gov.uk/government/publications/female-genital-mutilation-resource-pack/female-genital-mutilation-resource-pack#legislation>

<sup>384</sup> [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/525405/FGM\\_mandatory\\_reporting\\_map\\_A.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/525405/FGM_mandatory_reporting_map_A.pdf)