

Diabetes				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
Tier 2				
<p>Knowledge and Understanding</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the importance of good glycaemic, BP and cholesterol control on the micro and macro vascular complications of diabetes in line with associated local and National Guidance³¹¹: <ul style="list-style-type: none"> ○ Diabetic Nephropathy ○ Diabetic Retinopathy ○ Diabetic Neuropathy³¹² ○ Cardiovascular Disease ○ Erectile Dysfunction ○ Diabetic Leg and foot ulcers³¹³ ○ Gastroparesis ○ Periodontitis • Demonstrate understanding of oral antidiabetic drugs, their action and side effects³¹⁴ <p>Patient Management</p> <ul style="list-style-type: none"> • At Diagnosis: 				

³¹¹ <https://www.nice.org.uk/guidance/ng28/chapter/Recommendations#managing-complications>

³¹² <https://www.nice.org.uk/guidance/cg173>

³¹³ <https://www.nice.org.uk/guidance/ng19>

³¹⁴ <https://bnf.nice.org.uk/treatment-summaries/type-2-diabetes/#antidiabetic-drugs>

<ul style="list-style-type: none"> ○ Be able to provide the patient with a full explanation of the potential complications of diabetes ○ Inform the patient of legal requirements relating to driving and signpost to DVLA³¹⁵ ● At Review: ● Be able to address any issues around frailty/frailty syndromes that may impact on the control of the patient's diabetes ● Be able to discuss with male patients issues around the impact of diabetes on sexual health and erectile dysfunction³¹⁶ ● Be able to discuss with female patients contraception choices, the need for robust pre-conception planning, and the impact of diabetes on sexual health^{317 318} ● Be able to discuss results and explain what these mean for ongoing plan and initiate any additional tests needed in line with local and National guidance. ● Be able to discuss medication concordance with patient and support them to understand the choices available and the risks and benefits of available options in line with local and national guidance. 				
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³¹⁵ <https://www.gov.uk/diabetes-driving0>

³¹⁶ <https://cks.nice.org.uk/topics/erectile-dysfunction/>

³¹⁷ <https://cks.nice.org.uk/topics/pre-conception-advice-management/management/chronic-medical-conditions/#diabetes-mellitus>

³¹⁸ <https://www.sexwise.org.uk/contraception/which-method-contraception-right-me>