Dementia				
Task / Activity	Self- Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
Tier 3				
Knowledge and Education				
<ul> <li>Demonstrate an understanding of the pharmacological interventions, used in the</li> </ul>				
management of dementia, including their modes of action and side effects <sup>281</sup>				
<ul> <li>Demonstrate an understanding of how to manage the non-cognitive symptoms of</li> </ul>				
dementia <sup>282</sup>				
Patient Management				
At diagnosis				
<ul> <li>Be able to take a full history of the cognitive, behavioural and psychological</li> </ul>				
symptoms the patient is experiencing and the impact of these on their lives <sup>283</sup>				
<ul> <li>Be able to elicit the patient and their carers understanding of the diagnosis and</li> </ul>				
provide explanations where needed and signpost to appropriate resources and information <sup>284</sup>				

https://bnf.nice.org.uk/treatment-

 $\frac{summaries/dementia}{\#:^{\sim}:text=Alzheimer\%E2\%80\%99s\%20disease\%20is\%20the\%20most\%20common\%20type\%20of, with\%20Lewy\%20bodies\%2C\%20mixed}{\%20dementia\%2C\%20and\%20frontotemporal\%20dementia}.$ 

https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#managing-non-cognitive-symptoms

https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis

<sup>284</sup> https://www.dementiauk.org/about-dementia/types-of-dementia/

- Be able to discuss the pharmacological interventions available for dementia including mode of action and potential side effects<sup>285</sup>
- Be able to support the patient and their carer to manage the non-cognitive symptoms of dementia including but not limited to<sup>286</sup>:
  - Agitation
  - Aggression
  - Distress
  - Psychosis
  - Sleep disturbance
- Be able to provide the patient and their carer flexible needs-based palliative care from the point of diagnosis that takes in to account the unpredictable nature of dementia progression<sup>287</sup> <sup>288</sup>
- Be able to identify when patient complexity exceeds competence and refer on to appropriate senior clinician or specialist service

285 https://bnf.nice.org.uk/treatment-

 $\frac{summaries/dementia}{\#:^{\sim}:text=Alzheimer\%E2\%80\%99s\%20disease\%20is\%20the\%20most\%20common\%20type\%20of, with\%20Lewy\%20bodies\%2C\%20mixed}{\%20dementia\%2C\%20and\%20frontotemporal\%20dementia}.$ 

 $<sup>{\</sup>color{blue} {\tt https://www.nice.org.uk/guidance/ng97/chapter/Recommendations\#managing-non-cognitive-symptoms} }$ 

https://cks.nice.org.uk/topics/dementia/management/management-of-end-stage-dementia/

<sup>288</sup> https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#palliative-care