

Dementia				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
Tier 1				
<p>Knowledge and Education</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the holistic care of patients living with dementia • Demonstrate an understanding of the barriers experienced by some social, cultural and ethnic groups, in accessing dementia care services • Demonstrate an understanding of the central nervous system anatomy and physiology • Demonstrate an understanding of the pathophysiology of dementia • Demonstrate an understanding of the different types of dementia ²⁵⁵ including but not limited to: <ul style="list-style-type: none"> ○ Alzheimer’s ○ Vascular ○ Frontotemporal ○ Lewy body ○ Alcohol related brain damage ○ Posterior cortical atrophy ○ Huntingtons ○ Parkinsons ○ Mixed 				

²⁵⁵ <https://www.dementiauk.org/about-dementia/types-of-dementia/>

<ul style="list-style-type: none"> • Demonstrate an understanding of the assessment and diagnosis of patients with suspected dementia²⁵⁶ • Demonstrate an understanding of the Mental Capacity Act and its role in dementia care²⁵⁷ • Demonstrate the importance of and strategies used, to ensure patients living with dementia are involved in their care²⁵⁸ • Demonstrate an understanding of the non-pharmacological interventions used to promote cognition, independence and wellbeing for patients with dementia²⁵⁹ • Demonstrate an understanding of the importance of supporting carers looking after patients with dementia^{260 261} • Demonstrate an understanding of the local safeguarding procedures and identify local adult safeguarding leads <p>Patient Management</p> <p>At diagnosis</p> <ul style="list-style-type: none"> • Be able to undertake appropriate blood and urine tests to exclude reversible causes of cognitive decline²⁶² <p>Review and ongoing management</p>				
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²⁵⁶ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>

²⁵⁷ <https://www.legislation.gov.uk/ukpga/2005/9/contents>

²⁵⁸ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#involving-people-living-with-dementia-in-decisions-about-their-care>

²⁵⁹ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#interventions-to-promote-cognition-independence-and-wellbeing>

²⁶⁰ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#supporting-carers>

²⁶¹ <https://www.dementiauk.org/get-support/family-and-carer-support/>

²⁶² <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>

<ul style="list-style-type: none"> • Be able to ensure the patient has ongoing access to an appropriate hospital or community-based dementia service²⁶³ • Be able to elicit the patient and their carers understanding of the diagnosis and signpost to appropriate resources and information²⁶⁴ • Be able to refer the patient for an assessment of support and carers needs to ensure patient and carer are well safeguarded²⁶⁵ • Inform patient of their rights to reasonable adjustments if they are still working²⁶⁶ • Be able to ensure that carers details, any care co-ordinator, social working and advanced care planning, details are well documented and easily accessible in the notes • Be able to ensure the patient has access to interventions to promote cognitive independence and well-being in line with local resources^{267 268} • Be able to review and revisit patients and carers needs to ensure ongoing safeguarding²⁶⁹ • Be able to raise safeguarding concerns to the nominated safeguarding lead and make any referrals as appropriate in line with local policy • Be able to identify when patient complexity exceeds competence and refer on to an appropriate senior clinician or specialist service 				
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²⁶³ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#care-coordination>

²⁶⁴ <https://www.dementiauk.org/about-dementia/types-of-dementia/>

²⁶⁵ <https://cks.nice.org.uk/topics/dementia/management/follow-up-of-confirmed-dementia-in-primary-care/>

²⁶⁶ <https://cks.nice.org.uk/topics/dementia/management/follow-up-of-confirmed-dementia-in-primary-care/>

²⁶⁷ <https://www.alzheimers.org.uk/get-support/staying-independent>

²⁶⁸ <https://www.alzheimers.org.uk/find-support-near-you>

²⁶⁹ <https://www.nice.org.uk/guidance/ng97/chapter/Recommendations#diagnosis>