

Chronic Obstructive Pulmonary Disease (COPD)				
Task / Activity	Self-Assessment / Date	Competency Assessed Y / N	Competency Achieved	Signed off by Clinical Assessor / Date
<b>Tier 3</b>				
<ul style="list-style-type: none"> <li>• <b>Knowledge and Understanding</b> <ul style="list-style-type: none"> <li>○ Demonstrate an understanding of the pathophysiology of differential diagnoses and carry out appropriate assessment to exclude<sup>187</sup></li> <li>○ Demonstrate an understanding of the oral medications used in the management of COPD including their actions and side effects<sup>188</sup></li> <li>○ Demonstrate an understanding of the recognition of end stage COPD<sup>189</sup></li> </ul> </li> <li>• <b>Patient Management</b> <ul style="list-style-type: none"> <li>• <b>Diagnosis</b> <ul style="list-style-type: none"> <li>○ Be able to interpret objective testing results and diagnose COPD<sup>190</sup></li> </ul> </li> <li>• <b>Review</b> <ul style="list-style-type: none"> <li>○ Be able to make recommendations on changes to medications, including where oral medications may be indicated, to a suitable prescribing clinician<sup>191</sup></li> </ul> </li> </ul> </li> </ul>				

<sup>187</sup> <https://cks.nice.org.uk/topics/chronic-obstructive-pulmonary-disease/diagnosis/diagnosis-copd/#differential-diagnosis>

<sup>188</sup> <https://bnf.nice.org.uk/treatment-summaries/chronic-obstructive-pulmonary-disease/>

<sup>189</sup> <https://cks.nice.org.uk/topics/chronic-obstructive-pulmonary-disease/management/end-stage-copd/>

<sup>190</sup> <https://cks.nice.org.uk/topics/chronic-obstructive-pulmonary-disease/diagnosis/diagnosis-copd/#spirometry>

<sup>191</sup> <https://bnf.nice.org.uk/treatment-summaries/chronic-obstructive-pulmonary-disease/>

<ul style="list-style-type: none"> <li>○ Be able to identify appropriate follow up arrangements and agree with the patient in line with local and national guidance<sup>192</sup></li> <li>○ Be able to assess when appropriate to refer for oxygen therapy<sup>193</sup></li> <li>○ Be able to recognise when complexity exceeds competence and refer on as appropriate</li> </ul> <p>Ensure appropriate educational resources are available for patients and staff in line with local and national guidance</p>				
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<sup>192</sup> <https://cks.nice.org.uk/topics/chronic-obstructive-pulmonary-disease/management/stable-copd/#follow-up>

<sup>193</sup> <https://www.nice.org.uk/guidance/ng115/chapter/recommendations#managing-stable-copd>